

Bridge Resource Library

for Churches and Organizations

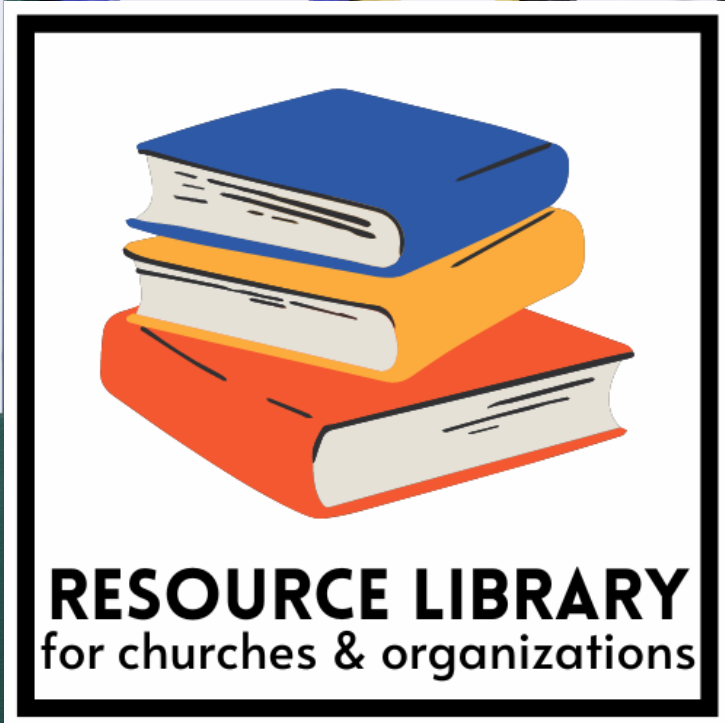


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Book Recommendations

Faith & Teaching:

Becoming Friends of Time:
Disability, Time Fullness and Gentle
Discipleship *by John Swinton*

Disability and Christian Theology

Embodied Limits and
Constructive Possibilities
By Deborah Beth Creamer

Disability and the Church
By Lamar Hardwick

Finding Jesus in the Storm: The Spiritual
Lives of Christians with Mental Health
Challenges
By John Swinton

Forty Days: Finding Refuge in the Ark
from the Storms of Disability
By David W. Anderson

My Body is Not a Prayer Request
By Amy Kenny

Reaching Out and Bringing In:
Ministry to and with Persons with
Disabilities
By David W. Anderson

Reading Paul Through the Eyes of
Disability: Practical Theological
Implications for Inclusive Ministry
By David W. Anderson

The Social Contexts of Disability
Ministry: A Primer for Pastors,
Seminarists, and Leaders
By Albert Herzog, jr.

The Power of the Powerless
By Christopher de Vinck

Book Recommendations

Faith & Teaching:

Vulnerable Communion

By Thomas Reynolds

Wondrously Wounded: Theology,
Disability and the Body of Christ

By Brian Brock

Devotions and Encouragements:

A Good and Perfect Gift: Faith,
Expectations, and a Little Girl
Named Penny

By Amy Julia Becker

Bridge Devotionals

Disabled and Devoted Vol 1

**Audio version [here](#)*

Disabled and Devoted Vol 2

**Audio version [here](#)*

Free Devotional copies available-Contact
jackiek@bridgemin.org

This Too Shall Last: Finding Grace When
Suffering Lingers

By KJ Ramsey

Walking Through Twilight

By Douglas Groothuis

Book Recommendations

Etiquette & Culture

A Full Life with Autism
By Chantal & Jeremy Sicile-Kira

A Long Letting Go
By Marilyn Chandler McEntyre

**Demystifying Disability:
What to Know, What to Say, and
How to Be An Ally**
By Emily Ladau

Disability Visibility
By Alice Wong

Navigating Autism
By Temple Grandin

Picture Books

All The Things We Can Do!
By Georgette Kores

**Demystifying Disability: What to Know,
What to Say, and How to Be an Ally**
By Emily Ladau

**I am Not a Label: 34 Disabled Artists,
Thinkers, Athletes, and Activists
from Past and Present**
By Carrie Burnell

Just Ask: Be Different, Be Brave, Be You
By Sonia Sotomayor

The Adventures of Frank and Mustard
By Simon Calcavecchia

Book Recommendations

Many of these titles are
available through the
King County Library
System

As hard copies, e-books, and
audiobooks

[KCLS Website Link](#)

More recommendations
to come-

So keep checking in from time to time!

If you have any additional book
recommendations, please email
jackiek@bridgemin.org

Education– Disability Research

Links to credible information about conditions you may feel curious about, and experiences from self-advocates within the disability community.

Neuro-Divergence

Autism Self-Advocacy Network: [About Autism](#)

The Mighty: [Focus on ADD/ADHD](#)

The Mighty: [Focus on Bipolar Disorder](#)

[What is Cerebral Palsy?](#)

Chronic Illness

[The Mighty: articles by people with chronic conditions](#)

[National Multiple Sclerosis Society](#)

[Arthritis Foundation](#)

[Chronic Fatigue Syndrome- The Mayo Clinic](#)

Education– Disability Research

Links to credible information about conditions you may feel curious about, and experiences from self-advocates within the disability community.

Sensory Disabilities

Mayo Clinic:
[Hearing Impairments](#)

Cleveland Clinic:
[Blindness and Visual Impairments
Explained](#)

The Mighty: [Sensory
Processing Disorder](#)



Education– Disability Etiquette

Videos

[How to Respond to a Seizure](#)

[How to Use an EPI-Pen Video](#)

[Service Dog Etiquette](#)

YouTube Video

Special Books by Special
Kids YouTube Channel
Playlists:

[Meet Someone with Autism](#)

[Meet Someone with
Cerebral Palsy](#)

[Meet Someone who
Communicates via Tech](#)

[Meet Someone with a
Mental Health Disorder](#)

Other Media

[Ableist Terms to Avoid](#) (A great resource to
reference before publishing materials)

[Beacon Church Collaborative Archives](#)

[Chronic Illness Misconceptions Podcast](#)

Communication Resources

[Audiobook Ministries](#)

Faith-based literature available via audiobook

[American Sign Language Basic Phrases](#) YouTube Video

[ASL 25 Essential Words](#) YouTube Video

[ASL Christian Vocabulary](#) YouTube Video

These links are simply meant to get you started– there are many excellent communication resources through both YouTube and Etsy!

Support

Organization	Website	Phone
Banchero Disability Partners	banchero.org	(206) 367-7795
Disability Ministry Network	Network Link	(570) 360-5035
Red-Cross: Inclusive Disaster Preparedness Resources	Red Cross Web Link	Number not
Rejoicing Spirits	rejoicingspirits.org	(402) 896-3884
Joni and Friends	joniandfriends.org	(818) 707-5664
Aktion Club: service club for adults with disabilities	aktionclub.org	1 (800) 549-2647
Innerbody: Resources for Caregiving for Loved Ones	Innerbody Web Link	Number not
Providence Live Well Local: Snohomish County	Live Well Local Link	Number not available

Support (Cont'd)

Organization	Website	Phone
With Ministries Equipping Churches for Disability Inclusion	With Ministries.org	(616) 301-7729

City Recreational Programs

Program	Web Link	Phone Number
Auburn – Specialized Recreation	<u>Specialized Recreation Web Link</u>	(253) 931-3043
Bellevue – Adaptive Recreation	<u>Adaptive Recreation Web Link</u>	(425) 452-7686
Federal Way Community Center	<u>Community Center Web Link</u>	(253) 835-6900
Kirkland - Human Services	<u>Human Services Web Link</u>	(425) 587-3325
Redmond – Adaptive Activities	<u>Adaptive Activities Web Link</u>	(425) 556-2300
Renton – Adaptive Recreation	<u>Renton Recreation Web Link</u>	(425) 430-6748
Seattle Parks & Recreation	<u>Seattle Parks Web Link</u>	(206) 684-7548
Shoreline –Specialized Recreation	<u>Specialized Recreation Web Link</u>	(206) 801-2600

Accessible Outdoor Recreation

Resources to consider when planning group hikes, camping trips, and retreats

Program	Web Link	Phone Number
Disabled Hiker's Guide	DisabledHikers.com	Number not available
Trail Accessibility Rating	Trail Rating System Link	Number not available
Mount Rainier– Wheelchair Accessible Vacation Planner	Mount Rainier Web Link	Number not available

Accessibility Ideas

If you cannot afford automatic door openers, consider at least replacing heavy doors with ones that weigh less. This will make them more accessible to those with chronic pain, poor balance, and muscle weakness.

Another alternative is rubber door stops, or having greeters posted at these doors to assist guests.

Using a mobility aid can be a great way to test out your accommodations. See if you can enjoy your facilities while using a walker or wheelchair. You don't need any qualifications to use one.

Consider that if a door, faucet, or latch is challenging for a child to use, it will be challenging for people with chronic pain.

Remember to ask *everyone* what accommodations they need- regardless of age, appearance, or whether you know them personally.

Accessibility Products

Many of the products that are linked in the following pages are available through our Meyer Medical Equipment Center.

Our equipment center sterilizes and refurbishes second-hand equipment that is received by donation. The refurbished medical equipment and mobility aids are offered to the public through the equipment center for a suggested donation.

Willing to work with any budget.

Repairs are also available.

Bellevue: (425) 628-1751

bridgemin.org/medical-equipment/



Accessibility Products

A collection of links to items which can help make a home, office, or church more accessible- without any major renovations.

Removable
Wheelchair Ramp

Large Wheelchair Stickers

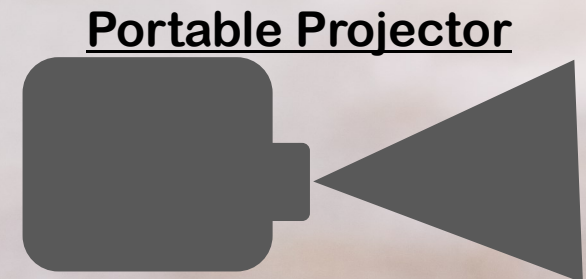
These can be used to advertise accessibility, as well as to mark spaces for those with disabilities on the floor, or chairs of a sanctuary or event hall.

Memory Foam
Chair Pads

Sound-Dampening
Panels for Sensory
Room



Noise-Cancelling
Headphones



To project slide-show subtitles so that hard-of-hearing folks can read along to songs and sermons

Accessibility Products

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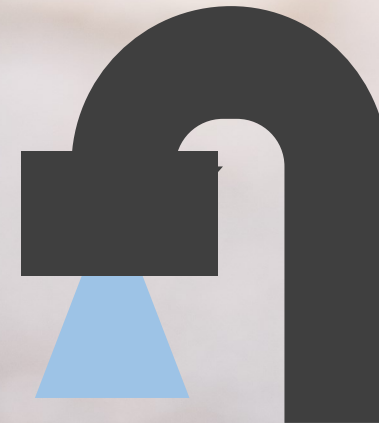
Grab Bars–
Permanent & Removable

Braille Room
Labels

Toilet Seat Riser

Foot Rest for Elevation

Foot Rest for Hip Pain



No-Touch Bathroom
Faucets

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for Churches and Organizations



RESOURCE LIBRARY
for churches & organizations

We hope these links and ideas have been helpful to you!

We are eager to learn of more resources to feature here. Recommendations are always welcome. Contact:

jackiek@bridgemin.org

We will continue to update these resources quarterly— so be sure to check back!